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How long is my food safe after the expiration date?

Dry (Shelf-Stable) Refrigerated Frozen

Drinks

| | | | |
|--------------------------|-----------|--------|----------|
| Coffee (canned) | 1 year | | |
| Coffee (ground) | 9 months | | |
| Coffee (instant) | 1 year | | |
| Frozen Juice Concentrate | | 7 days | 6 months |
| Instant Juice Powder | 8 months | | |
| Juice | | 7 days | 8 months |
| Slim Fast | 2 months | | |
| Soda (diet) | 3 months | | |
| Soda (regular) | 9 months | | |
| Sports Drinks | 6 months | | |
| Tea (bags) | 18 months | | |
| Tea (instant) | 3 years | | |

Grains

| | | | |
|------------------------|-----------|--------|----------|
| Bread (commercial) | 2 days | 7 days | 3 months |
| Bread Crumbs | 2 months | | |
| Cereal (dry) | | | |
| Cereal (needs to cook) | | | |
| Cornmeal | 6 months | | |
| Doughnuts | 1 day | 7 days | 1 months |
| Muffins | 1 day | 7 days | 2 months |
| Pancake/Biscuit Mix | 15 months | | |
| Pasta | 2 years | | |
| Rice (brown) | 1 year | | |
| Rice (white) | 1 year | | |
| Rice (wild) | 2 years | | |
| Rice (yellow) | 2 years | | |
| Stuffing Mix | 2 months | | |
| Taco Shells | 2 months | | |
| Wheat Flower | 1 months | | |
| White Flower | 6 months | | |

Dairy

| | | | |
|----------------|--|----------|----------|
| Butter | | 1 month | 6 months |
| Buttermilk | | 7 days | 3 months |
| Cottage Cheese | | 2 weeks | |
| Cream | | 3 days | 1 month |
| Cream Aerosol | | 3 weeks | |
| Cream Cheese | | 2 weeks | 2 weeks |
| Dips | | 2 weeks | |
| Hard Cheese | | 6 months | 6 months |

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| Ice Cream | | | 2 months |
| Milk | | 7 days | 3 months |
| Shredded Cheese | | 1 month | 3 months |
| Soft Cheese | | 7 days | 7 days |
| Sour Cream | | 7 days | |
| Yogurt | | 7 days | 1 month |

Fruit

| | | | |
|--------------|----------|--------|--------|
| Canned Fruit | 1 year | | |
| Cut Fruit | | 4 days | |
| Dried Fruit | 6 months | | |
| Frozen Fruit | | 5 days | 1 year |
| Fruit Cups | 1 year | 1 year | |

Vegetables

| | | | |
|--|----------|--------|----------|
| Canned high acid (tomato/vinegar base) | 1 year | | |
| Canned low acid (corn, peas, ect.) | 2 years | | |
| Dried Vegetable | 6 months | | |
| Frozen Vegetables | | 3 days | 8 months |

Proteins

| | | | |
|----------------------|----------|---------|----------|
| Bacon | | 7 days | 1 month |
| Beans (canned) | 2 years | | |
| Beans (dry) | 1 year | | |
| Beef (fresh cut) | | 3 days | 4 months |
| Beef (ground) | | 1 day | 4 months |
| Canned Meat | 2 years | | |
| Canned Tuna | 9 months | | |
| Chicken | | 1 day | 1 year |
| Chicken (fried) | | 3 days | 4 months |
| Chicken (nuggets) | | 1 day | 4 months |
| Chicken (rotisserie) | | 3 days | 4 months |
| Duck/Goose | | 1 day | 6 months |
| Dried Meat | 1 year | | |
| Eggs | | 3 weeks | |
| Egg Substitute | | 10 days | |
| Hot Dogs | | 2 weeks | 1 month |
| Lamb | | 3 days | 4 months |
| Lunch Meat | | 2 weeks | 1 month |
| Nuts | 8 months | | |
| Peanut Butter | 5 months | | |
| Poultry in Gravy | | 1 day | 6 months |

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| Pork | | 3 days | 4 months |
| Sausage | | 1 day | 1 month |
| Tofu | | 7 days | 5 months |

Desserts

| | | | |
|-------------|----------|--------|----------|
| Cakes | 1 day | 7 days | 2 months |
| Cheesecakes | | 7 days | 2 months |
| Cookies | 3 months | | |
| Fruit Pie | 2 days | 7 days | 8 months |
| Nut Pie | 2 hours | 3 days | 1 month |
| Pumpkin Pie | 2 hours | 3 days | 1 month |
| Popcicles | | | 2 months |

Snacks

| | | | |
|--------------------------|----------|--------|--|
| Candy | 3 months | | |
| Cereal Bars | 3 months | | |
| Chips | 2 months | | |
| Cookies | 3 months | | |
| Crackers | 3 months | | |
| Fruit Roll-up | 3 months | | |
| Fruit Snacks | 3 months | | |
| Gelatin (flavored) | 2 months | | |
| Gelatin (unflavored) | 3 years | | |
| Guacamole | | 7 days | |
| Granola Bars | 3 months | | |
| Hummus | | 7 days | |
| Marshmallows | 3 months | | |
| Popcorn (kernels in jar) | 2 years | | |
| Popcorn (microwave) | 3 months | | |
| Pretzels | 2 months | | |

Non-Perishable Meals

| | | | |
|---------------------------|----------|--------|--|
| Canned Ravioli/Beefaroni | 1 year | | |
| Cup of Soup/Ramen | 6 months | | |
| Dry Box Meal | 6 months | | |
| Lunchables | | 7 days | |
| Prepared Meat/Egg Salads | | 3 days | |
| Prepared Vegetable Salads | | 3 days | |
| Soups | 6 months | | |
| Stews | 2 years | | |

Condiments

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| Barbecue Sauce | 1 year | | |
| Chili (canned) | 1 year | | |
| Chocolate Syrup | 6 months | | |
| Chutney | 1 year | | |
| Coctail Sauce | 1 year | | |
| Gravy (canned/jar/dry) | 2 years | | |
| Horseradish | 1 year | | |
| Honey | 1 year | | |
| Jelly/Jam | 1 year | | |
| Ketchup | 1 year | | |
| Pickles | | 30 days | |
| Mayo | 2 months | | |
| Mustard | 1 year | | |
| Oil | 1 year | | |
| Ranch | 1 month | | |
| Salsa | 1 year | | |
| Spices (powdered) | 2 years | | |
| Spices (whole) | 2 years | | |
| Solid Shortenings | 8 months | | |
| Sugar (brown) | 4 months | | |
| Sugar (powdered) | 18 months | | |
| Sugar (white) | 2 years | | |
| Taco Sauce | 1 year | | |
| Vinegar | 2 years | | |
| Worcestershire Sauce | 1 year | | |