How long is my food safe after the expiration date? Drinks	Dry (Shelf-Stable)	Refrigerated	Frozen
Coffee (canned)	1 year		
Coffee (ground)	9 months		
Coffee (instant)	1 year		
Frozen Juice Concentrate		7 days	6 months
Instant Juice Powder	8 months		
Juice		7 days	8 months
Slim Fast	2 months		
Soda (diet)	3 months		
Soda (regular)	9 months		
Sports Drinks	6 months		
Tea (bags)	18 months		
Tea (instant)	3 years		
Grains			
Bread (commercial)	2 days	7 days	3 months
Bread Crumbs	2 months		
Cereal (dry)			
Cereal (needs to cook)			
Cornmeal	6 months		
Doughnuts	1 day	7 days	1 months
Muffins	1 day	7 days	2 months
Pancake/Biscuit Mix	15 months		
Pasta	2 years		
Rice (brown)	1 year		
Rice (white)	1 year		
Rice (wild)	2 years		
Rice (yellow)	2 years		
Stuffing Mix	2 months		
Taco Shells	2 months		
Wheat Flower	1 months		
White Flower	6 months		
Dairy			

Butter	1 month	6 months
Buttermilk	7 days	3 months
Cottage Cheese	2 weeks	
Cream	3 days	1 month
Cream Aerosol	3 weeks	
Cream Cheese	2 weeks	2 weeks
Dips	2 weeks	
Hard Cheese	6 months	6 months

How long is my food safe after the expiration date?	Dry (Shelf-Stable)	Refrigerated	Frozen
Ice Cream			2 months
Milk		7 days	3 months
Shredded Cheese		1 month	3 months
Soft Cheese		7 days	7 days
Sour Cream		7 days	
Yogurt		7 days	1 month
Fruit			
Canned Fruit	1 year		
Cut Fruit		4 days	
Dried Fruit	6 months		
Frozen Fruit		5 days	1 year
Fruit Cups	1 year	1 year	
Vegetables			
Canned high acid (tomato/vinegar base)	1 year		
Canned low acid (corn, peas, ect.)	2 years		
Dried Vegetable	6 months		
Frozen Vegetables		3 days	8 months
		,	
Proteins			
Bacon		7 days	1 month
Beans (canned)	2 years		
Beans (dry)	1 year		
Beef (fresh cut)		3 days	4 months
Beef (ground)		1 day	4 months
Canned Meat	2 years		
Canned Tuna	9 months		
Chicken		1 day	1 year
Chicken (fried)		3 days	4 months
Chicken (nuggets)		1 day	4 months
Chicken (rotisserie)		3 days	4 months
Duck/Goose		1 day	6 months
Dried Meat	1 year		
Eggs		3 weeks	
Egg Substitute		10 days	
Hot Dogs		2 weeks	1 month
Lamb		3 days	4 months
Lunch Meat		2 weeks	1 month
Nuts	8 months		
Peanut Butter	5 months		
Poultry in Gravy		1 day	6 months

How long is my food safe after the expiration date?	Dry (Shelf-Stable)	Refrigerated	Frozen
Pork		3 days	4 months
Sasuage		1 day	1 month
Tofu		7 days	5 months
Desserts			
Cakes	1 day	7 days	2 months
Cheesecakes		7 days	2 months
Cookies	3 months		
Fruit Pie	2 days	7 days	8 months
Nut Pie	2 hours	3 days	1 month
Pumpkin Pie	2 hours	3 days	1 month
Popcicles			2 months
Snacks			
Candy	3 months		
Cereal Bars	3 months		
Chips	2 months		
Cookies	3 months		
Crackers	3 months		
Fruit Roll-up	3 months		
Fruit Snacks	3 months		
Gelatin (flavored)	2 months		
Gelatin (unflavored)	3 years		
Guacamole		7 days	
Granola Bars	3 months		
Hummus		7 days	
Marshmellows	3 months		
Popcorn (kernels in jar)	2 years		
Popcorn (mircowave)	3 months		
Pretzels	2 months		
Non-Perishable Meals			
Canned Ravioli/Beefaroni	1 year		
Cup of Soup/Ramen	6 months		
Dry Box Meal	6 months		
Lunchables		7 days	
Prepared Meat/Egg Salads		3 days	
Prepared Vegetable Salads		3 days	
Soups	6 months	, ,	
Stews	2 years		

Condiments

How long is my food safe after the expiration date?	Dry (Shelf-Stable) Refrigerated Frozen
Barbecue Sauce	1 year
Chili (canned)	1 year
Chocolate Syrup	6 months
Chutney	1 year
Coctail Sauce	1 year
Gravy (canned/jar/dry)	2 years
Horseradish	1 year
Honey	1 year
Jelly/Jam	1 year
Ketchup	1 year
Pickles	30 days
Mayo	2 months
Mustard	1 year
Oil	1 year
Ranch	1 month
Salsa	1 year
Spices (powdered)	2 years
Spices (whole)	2 years
Solid Shortenings	8 months
Sugar (brown)	4 months
Sugar (powdered)	18 months
Sugar (white)	2 years
Taco Sauce	1 year
Vinegar	2 years
Worcestershire Sauce	1 year